Season 2020/21 Program C

	6G	6B	7G	7B	8G	8B	9G	9B	10G	10B	11G	11B	12G	12B	13G	13B	14-16G	14-16B
8:00:00 AM											Javelin for U11-U16 Starting at 8:00am							
8:15:00 AM	Walk program for U11 to U16										1100m walk @ 8:20am		1500mwalk @ 8:40am					
8:45:00 AM	Proceed to age group allocated area and sign in with Age Group Manager																	
9:00:00 AM	300m	300m	300m	300m	60mH				Discus South	SP West (Front Straight)	LJ Start Line End	LJ Finish Line End	400m		HJ East	HJ West	TJ Pit Finish Line	TJ Pit Start Line
						60mH												
							60mH							400m				
	On - Track Steeples		On - Track Steeples		700m Walk	700m Walk		60mH										
									60mH									
							400m	HJ Scissor		60mH								
9:30:00 AM	LJ Finish Line End	LJ Finish Line End	LJ Finish Line End	LJ Finish Line End							80mH							
									400m			80mH						
					SP West (Front Straight)								80mH					
	On - Track		On - Track			LJ Finish Line End	HJ Scissor			400m	HJ West			80mH				
								Discus South					LJ Start Line End		80mH			
												400m				80mH		
10:00:00 AM					LJ Finish Line End	SP West (Front Straight)											80mH 90mH	
								400m	HJ Scissor									
	SP West	SP West	SP West	SP West										LJ Finish Line End				90mH 100mH
							Discus South				400m	HJ West				LJ Start Line End		
	70m	70m	70m	70m						HJ Scissor								
					70m												400m	
10:30:00 AM						70m												
							70m						HJ East					400m
								70m						HJ West	LJ Finish Line End			
									70m									
										70m					400m			
											100m							
11:00:00 AM												100m				400m		
													100m					
														100m				
																	100m	100m
															100m			
																100m		
Distance Lanes 1-2					**Front Straight Lanes 9-12**						**Circular Lanes 3-7**							

Program A:	No open events for U6 - U8 age groups						Open Shot Put & Discuss Note: Scheduled events have priority											
	6G	6B	7G	7B	8G	8B	9G	9B	10G	10B	11G	11B	12G	12B	13G	13B	14-16G	14-16B
Events	300m	300m	300m	300m	60mH	60mH	60mH	60mH	Disc	SP	LJ	LJ	400	400	HJ	HJ	TJ	TJ
	OT	OT	OT	OT	700mw	700mw	400	HJ	60mH	60mH	80mH	80mH	80mH	80mH	80mH	80mH	80/90mH	90/100mH
	LJ	LJ	LJ	LJ	SP	LJ	HJ	Disc	400	400	HJ	400	LJ	LJ	LJ	LJ	400	400
	SP	SP	SP	SP	LJ	SP	Disc	400	HJ	HJ	400	HJ	100m	100m	400	400	100m	100m
	70m	70m	70m	70m	70m	70m	70m	70m	70m	70m	100m	100m	HJ	HJ	100m	100m		